

# Sky Tower

## IN-ROOM DINING & SNACKS

BREAKFAST | (OPEN-11:00AM)

### EARLY RISER

Pot of Coffee or Decaf (6-Cup Pot)	\$11
Espresso	\$6
Cappuccino	\$6
Herbal Tea Selections	\$6
Hot Chocolate	\$5
Milk (Skim, 2% or Chocolate)	\$5

### STARTERS

Freshly Squeezed Orange or Grapefruit Juice	\$6
Apple, Cranberry, Pineapple, V8, Tomato or Orange Guava Juices	\$5
Gold Peak Sweetened or Unsweetened Tea, Minute Maid Light Lemonade or Nestea Raspberry	\$5

### FRESH FRUIT OF THE SEASON

Grapefruit Sections	\$8
Fresh Seasonal Berries	\$8
Fruit Platter	\$18

### ASSORTED CEREALS

Oatmeal or Gluten Free Brown Rice Farina	\$6
Assorted Cold Cereals with fresh bananas, blueberries or strawberries	\$4
Yogurt with Berries & Granola	\$6
Overnight Oatmeal made with almond milk, honey, plain Greek yogurt & mixed berries	\$8

### FRESHLY BAKED BREADS

Muffin, Danish, Plain or Chocolate Croissant or New York-Style Bagel* with Cream Cheese	\$6
English Muffin, Raisin Bread, White, Wheat or Rye Bread	\$5

**CONTINENTAL BREAKFAST\* \$20**  
freshly squeezed orange or grapefruit juice, assorted pastries, fresh seasonal berries & coffee, hot tea or milk

### FRESH EGGS & OMELETS\*

served with breakfast potatoes & choice of toast	
Long Island Cut 8oz Steak & Three Eggs Any Style	\$30
Two Eggs Any Style with Meat	\$14
Three Eggs Any Style with Meat	\$16
Western Omelet	\$16
Ham & Cheese Omelet	\$15
Cheese Omelet	\$14

**HEALTHY CHOICE OMELET \$16**  
spinach & mushroom omelet with tomato & choice of egg whites or egg substitute; turkey sausage (+\$2) & gluten free English muffin

### SPECIALTIES

Classic French Toast with fresh seasonal berries	\$14
Waffles with bananas or fresh seasonal berries	\$12
Buttermilk Pancakes with strawberries, bananas, blueberries or chocolate chips	\$14
Homemade Corned Beef Hash & Three Eggs* Any Style	\$12
Eggs Benedict* toasted English muffins topped with Canadian bacon, two poached eggs, Hollandaise sauce & chives	\$18
Egg Sandwich* two eggs any style, your choice of breakfast meat (bacon, sausage, ham) cheese (cheddar, American or Swiss), bread (English muffin, biscuit, croissant or bage!)	\$14
Breakfast Burrito* scrambled eggs, sautéed peppers, cheese, onions with sausage & avocado & a side of salsa wrapped in a flour tortilla	\$14
Smoked Salmon Platter	\$25
Bacon, Sausage, Smoked Ham	\$7
Homemade Corned Beef Hash, Turkey Bacon or Turkey Sausage	\$8
Breakfast Potatoes	\$5
Cottage Cheese	\$5

### SIDES

### FRESHLY BAKED DESSERTS

Mohegan Chocolate Cake, Cheesecake or Peanut Butter Pie	\$10
Ice Cream pint by Ben & Jerry's*	\$11
Sorbet pint by Häagen-Dazs*	\$11

Ask about our seasonal dessert choices

### NON-ALCOHOLIC BEVERAGES

#### SODAS AND MIXERS

Coke, Diet Coke, Sprite, Diet Sprite or Canada Dry Ginger Ale (12-Ounce)	\$3.50
Canada Dry Tonic or Soda Water (7.5-Ounce)	\$3.50
Barq's Root Beer (20-Ounce)	\$5
Powerade Assorted Flavors (20-Ounce)	\$5
Bottle of Bloody Mary Mix (32-Ounce)	\$10
Orange, Grapefruit, Tomato or Cranberry Juice (Quart)	\$18
Apple Juice, Cranberry Juice, Orange Guava Juice, Gold Peak Sweetened Green Tea, Unsweetened Black Tea, Minute Maid Light Lemonade or Nestea Raspberry (Glass)	\$5
Mohegan Sun Bottled Water (12-Ounce)	\$2.50
S.Pellegrino Sparkling Water (8.4-Ounce)	\$3.50
Monster (Can)	\$5.25
Red Bull (Can)	\$8

All beverages listed are registered trademarks. All orders subject to a Service Charge, applicable CT Sales Tax and set-up fee.

Please touch the room service button or dial 2.3663 on your phone for assistance.

\*These items can be cooked to order or may contain raw or undercooked ingredients. Consuming raw or undercooked meats, poultry, seafood, shellfish or eggs may increase the risk of foodborne illness.

†These items contain nut or peanut products or were not made in a nut-free environment. All orders are subject to a Service Charge, applicable CT Sales Tax & set-up fee. Hours are subject to change.

# Sky Tower

IN-ROOM DINING & SNACKS

ALL DAY | (11:00AM-CLOSE)

## HOMESTYLE SOUPS

New England Clam Chowder	\$9
Soup of the Day	\$8
French Onion Soup	\$9

## FRESH SALADS

Cobb Salad	\$18
<i>crispy romaine lettuce, bacon, hard boiled egg, cucumber, blue cheese, avocado, tomato red onion &amp; Dijon vinaigrette</i>	
Harvest Salad♦	\$16
<i>mixed greens, Granny Smith apples, spiced walnuts, blue cheese, red onion, raisins, heirloom tomatoes tossed in a cider vinaigrette</i>	
Caesar Salad	\$15
<i>crispy romaine lettuce, Caesar dressing, fresh grated parmesan cheese &amp; croutons</i>	
<i>**add chicken \$6, sirloin \$8, shrimp \$10, salmon \$17</i>	

## SMALL BITES

Shrimp Cocktail (4)	\$20
Philly Cheesesteak Egg Rolls	(2)/\$12 ~ (4)/\$20
Truffled Garlic Parmesan Fries	\$12
Chicken Wings	\$18
<i>bone-in or boneless tossed with choice of buffalo, garlic parmesan, sweet &amp; spicy Thai or honey bbq</i>	
Freshly Made Hummus	\$18
<i>with fresh vegetables &amp; pita chips</i>	

## QUESADILLAS

\$19

Grilled Chicken (BBQ style available)	
<i>flour tortilla, grilled chicken, onions &amp; peppers served with salsa &amp; sour cream</i>	
Grilled Steak (BBQ style available)	
<i>flour tortilla, grilled steak, onions &amp; peppers served with salsa &amp; sour cream</i>	
Grilled Buffalo Chicken	
<i>flour tortilla, grilled chicken, buffalo sauce &amp; crumbled blue cheese with salsa &amp; sour cream</i>	

## SPECIALTY SANDWICHES

with French Fries or Chips

Buffalo Chicken Wrap	\$18
<i>choice of grilled or crispy chicken, applewood smoked bacon, lettuce, tomatoes, crumbled blue cheese &amp; ranch dressing in a flour tortilla</i>	
Grilled Reuben	\$17
<i>corned beef, Swiss cheese, sauerkraut, Thousand Island dressing on grilled rye</i>	
Fresh Deli Sandwiches	\$18
<i>choice of ham, turkey, or roast beef, lettuce, tomato, cheese, choice of bread, roll or wrap</i>	
Fried Vegetarian Buffalo Cauliflower Wrap	\$16
<i>fried cauliflower tossed in buffalo sauce with lettuce, tomato, red onion, blue cheese crumbles &amp; ranch dressing</i>	
Crispy Chicken Sandwich	\$18
<i>seasoned panko chicken breast, bacon, cheddar cheese, arugula, red onion, zesty house sauce on a pretzel roll</i>	

## BUILD-A-BURGER\*

\$18

American Classic – American cheese, lettuce, tomato & red onion on a traditional roll	
Impossible Burger – Vegetarian burger with lettuce, tomato & red onion on a pretzel bun	
Topping choices: bacon, choice of cheese, mushroom, sautéed onions	

## PIZZA

<i>choice of toppings; pepperoni, sausage, bacon, mushrooms, onions, tomatoes, olives, peppers or broccoli</i>	
<i>first topping add \$2 each additional topping add \$1</i>	
Cheese (18")	\$20
Gluten Free (10")	\$20
Vegetable Pizza (red or white)	\$22

Please ask our customer service representative about our Beer, Wine & Spirit options.

## ENTRÉES (4:00PM-CLOSE)

New England Baked Cod	\$25
<i>seasoned bread crumbs, blistered tomatoes, veg du jour &amp; lemon butter sauce</i>	
New York Choice Strip* 12oz	\$45
<i>roasted shallot and demi-glace choice of mashed potatoes or pan-seared fingerling potatoes &amp; vegetables du jour</i>	
Filet Mignon* 8oz	\$45
<i>demi-glace, choice of mashed potatoes or pan-seared fingerling potatoes &amp; vegetables du jour</i>	
Herb Crusted Salmon	\$30
<i>pan-seared Atlantic salmon, fresh herbs, citrus butter sauce with vegetable du jour</i>	
Eggplant Parmesan	\$25
<i>breaded eggplant, house marinara, mozzarella cheese, linguini</i>	
Jumbo Cajun Spiced Shrimp & Linguini	\$34
<i>cajun dusted shrimp, heirloom tomatoes, red bell pepper, arugula, lemon, white wine, garlic, cream</i>	
Chicken Parmesan	\$30
<i>breaded chicken, house marinara, mozzarella cheese, served with linguini</i>	
Baked Mac & Cheese	\$27
<i>three cheese sauce &amp; herbed breadcrumbs</i>	
Chicken Broccoli Alfredo	\$30
<i>pan-seared spiced chicken breast, broccoli, garlic cream, aged parmesan &amp; linguini</i>	

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