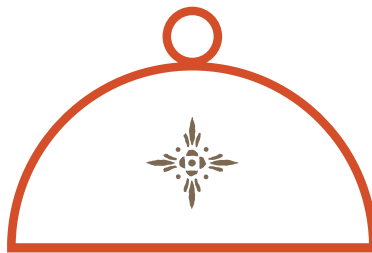




SKY TOWER



IN-ROOM DINING & SNACKS



Please touch the "Room Service" button on your phone for assistance.



SKY TOWER

IN-ROOM DINING AND SNACKS

BREAKFAST (7:00AM-11:00AM)

EARLY RISER

Pot of Regular Coffee or Decaf Coffee (6-Cup Pot)	\$9
Espresso	\$6
Cappuccino	\$6
Herbal Tea Selections	\$6
Hot Chocolate	\$5
Milk (Skim, 2% or Chocolate)	\$5

STARTERS

Fresh Squeezed Orange or Grapefruit Juice	\$6
Chilled Apple, Cranberry, Pineapple, V8, Tomato or Orange-Guava Juice	\$5
Gold Peak Sweetened Green Tea or Unsweetened Tea, Minute Maid Light Lemonade or Nestea Raspberry	\$5

FRESH FRUIT OF THE SEASON

Grapefruit Sections	\$6
Fresh Seasonal Berries	\$8
Fruit Platter	\$18

ASSORTED CEREALS

Oatmeal or Gluten-Free Brown Rice Farina	\$6
Assorted Cold Cereals	\$4
<i>with fresh bananas, blueberries or strawberries</i>	\$6
Yogurt with Berries and Granola	\$8
Overnight Oatmeal	\$8
<i>with almond milk, honey, plain Greek yogurt, mixed berries</i>	



SKY TOWER

IN-ROOM DINING AND SNACKS

BREAKFAST (7:00AM-11:00AM)

FRESH BAKED BREADS

Muffin, Danish, Plain or Chocolate Croissant or New York-Style Bagel with Cream Cheese	\$6
English Muffin, Raisin Bread, White, Wheat or Rye Bread	\$5

Continental Breakfast	\$20
<i>fresh squeezed orange or grapefruit juice, assorted pastries, fresh seasonal berries and coffee, hot tea or milk</i>	

FRESH EGGS & FRITTATAS*

served with breakfast potatoes and choice of toast

Long Island Cut 8oz. Steak and Three Eggs Any Style	\$28
Two Eggs Any Style with Meat	\$14
Three Eggs Any Style with Meat	\$16
Western Omelet	\$16
Ham and Cheese Omelet	\$15
Cheese Omelet	\$14

Healthy Choice Omelet*	\$16
<i>spinach and mushroom omelet with tomato and onion, choice of egg whites or egg substitute, turkey sausage (additional \$2) and gluten-free English muffin</i>	

Smart Start Breakfast*	\$16
<i>egg whites or egg substitute turkey bacon or turkey sausage cottage cheese or lettuce and tomato</i>	

*These items can be cooked to order or may contain raw or undercooked ingredients.
Consuming raw or undercooked meats, poultry, seafood, shellfish or eggs may increase
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SKY TOWER

IN-ROOM DINING AND SNACKS

BREAKFAST (7:00AM-11:00AM)

SPECIALTIES

Bonnet-Baked French Toast with Fresh Berries	\$14
Waffles	\$12
<i>with banana or seasonal berries</i>	\$14
Buttermilk Pancakes	\$12
<i>with strawberries, bananas, blueberries or chocolate chips</i>	\$14
Homemade Corned Beef Hash and Three Eggs Any Style*	\$16
Eggs Benedict*	\$17
<i>toasted English muffins topped with Canadian bacon, two poached eggs, Hollandaise sauce and chives</i>	
Egg Sandwich*	\$14
<i>two eggs any style, your choice of breakfast meat (bacon, sausage or ham), cheese (cheddar, American or Swiss) and bread (English muffin, biscuit, croissant or bagel)</i>	
Southwestern Breakfast Burrito*	\$14
<i>scrambled eggs, sautéed peppers, onions with chorizo sausage and avocado wrapped in a flour tortilla with a side of salsa</i>	
Smoked Salmon Platter	\$24

SIDES

Bacon, Sausage, Smoked Ham, Homemade Corned Beef Hash, Turkey Bacon or Turkey Sausage	\$7
Breakfast Potatoes	\$5
Cottage Cheese	\$5

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SKY TOWER

IN-ROOM DINING AND SNACKS

ALL DAY (11:00AM-11:00PM)

FRIDAY-SATURDAY (11:00AM-MIDNIGHT)

HOMESTYLE SOUPS

New England Clam Chowder	\$8
French Onion Soup	\$8
Soup of the Day	\$8

FRESH SALADS

Fresh Mixed Greens BLT Salad <i>with applewood smoked bacon, heirloom tomatoes, blue cheese, roasted peppers and balsamic vinaigrette</i>	\$17
Arugula & Baby Kale Reggiano Salad ♦ <i>shaved parmesan cheese, avocado and pine nuts, citrus vinaigrette, fresh berry and avocado garnish</i>	\$16
Caesar Salad <i>crispy romaine lettuce, Caesar dressing, fresh grated parmesan cheese and croutons</i>	\$15
Add chicken \$5, sirloin \$8, or shrimp \$10	

SMALL BITES

Shrimp Cocktail	(4) \$20
Philly Cheese Steak Egg Rolls	(2) \$12 or (4) \$20
Chicken Wings <i>bone-in (8) or boneless (5) tossed with choice of buffalo, garlic parmesan, sweet & spicy Thai or honey BBQ sauce</i>	\$16
Freshly Made Hummus with Fresh Vegetables & Pita Chips	\$18

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SKY TOWER

IN-ROOM DINING AND SNACKS

ALL DAY (11:00AM-11:00PM)

FRIDAY-SATURDAY (11:00AM-MIDNIGHT)

SMALL BITES (CONTINUED)

Quesadillas

Grilled Chicken (BBQ Style Available) \$19
*flour tortilla, grilled chicken, onions & peppers
served with salsa & sour cream*

Grilled Chicken (BBQ Style Available) \$19
*flour tortilla, grilled steak, onions & peppers
served with salsa & sour cream*

Grilled Buffalo Chicken \$19
*flour tortilla, grilled chicken, buffalo sauce, crumbled blue cheese
served with salsa & sour cream*

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SKY TOWER

IN-ROOM DINING AND SNACKS

ALL DAY (11:00AM-11:00PM)

FRIDAY-SATURDAY (11:00AM-MIDNIGHT)

FRESH SANDWICHES *with French fries or chips*

Burgers* **\$18**

American Classic - American cheese, lettuce, tomato, red onion, on a Kaiser roll

Impossible Burger - Vegetarian burger, lettuce, tomato, red onion on a Kaiser roll

Topping choices - bacon, choice of cheese, mushrooms, sautéed onions

Grilled Reuben **\$17**

corned beef, Swiss cheese, sauerkraut, Thousand Island dressing on grilled rye

Fresh Deli Sandwiches **\$18**

ham, turkey, roast beef, lettuce, tomato, cheese, choice of bread, roll or wrap

Fried Vegetarian Buffalo Cauliflower Wrap **\$16**

fried cauliflower, buffalo sauce, lettuce, tomato, red onion, blue cheese crumbles, ranch dressing

Grilled Rosemary Chicken BLT **\$18**

grilled rosemary chicken breast, lettuce, tomato, bacon on focaccia roll

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IN - ROOM DINING AND SNACKS

PIZZA (18")

Cheese \$20
first topping add \$2, each additional topping add \$1

Choice of Toppings
pepperoni, sausage, bacon, chorizo sausage, mushrooms, onions, tomatoes, olives, peppers or broccoli

Vegetable Pizza (red or white) \$22

Gluten Free \$20
first topping add \$2, each additional topping add \$1

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IN-ROOM DINING AND SNACKS

ENTRÉES (4:00PM-11:00PM)

New England Fish and Chips <i>crispy wedge potatoes, coleslaw and tartar sauce</i>	\$24
New York Strip* 12oz <i>roasted shallot and demi glaze, choice of mashed potatoes or pan seared fingerling potatoes, vegetable du jour</i>	\$39
Filet Mignon* 8oz <i>demi glaze, choice of mashed potatoes or pan-seared fingerling potatoes, vegetable du jour</i>	\$39
Faroe Island Salmon with Cherry Bourbon Glaze <i>cherry bourbon reduction, grilled lemon, vegetable du jour</i>	\$30
Lobster Ravioli <i>lobster ravioli, white wine, roasted garlic, heirloom tomatoes spinach, chiffonade basil</i>	\$28
Jumbo Fried Shrimp <i>Oishii shrimp, seasoned batter and panko bread crumbs served with garlic parmesan tossed wedge potatoes</i>	\$34
Baked Mac & Cheese <i>pasta with Tuscan cheese sauce, herbed bread crumbs</i>	\$27
Chicken Parmesan <i>breaded chicken, house marinara, mozzarella cheese, served with linguini</i>	\$30

FRESH BAKED DESSERTS

ask about our seasonal dessert choices

Mohegan Chocolate Cake Cheesecake or Peanut Butter Pie	\$10
Ice Cream pint by Ben & Jerry's ♦	\$11
Sorbet pint by Häagen-Dazs ♦	\$11

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SKY TOWER

IN-ROOM DINING AND SNACKS

HOSPITALITY (11:00AM-11:00PM)

COLD

Imported and Domestic Cheese Display	\$35
Freshly Sliced Seasonal Fruit	\$45
Vegetable Crudité	\$30
Antipasto	\$45
Deli Platter	\$50
Shrimp by the Dozen	\$55
Chips and Dip	\$15

All above items serve 10 people

GAME DAY PACKAGE	\$65
18" Cheese Pizza, Chicken Wings (12) Pork & Shrimp Dumplings (6), Chips & Dip	
Add Domestic Beers (6)	\$30



SKY TOWER

IN-ROOM DINING AND SNACKS

BEVERAGES

Alcoholic beverages may not be brought into the hotel from outside sources. As an alcoholic beverage licensee, the hotel is subject to the rules and regulations of such license and any violation may jeopardize the hotel's license. Therefore, your cooperation in this regard is greatly appreciated.

ALCOHOLIC BEVERAGES MAY BE PURCHASED DURING
THE FOLLOWING HOURS OF OPERATION IN CT IN
CONJUNCTION WITH ROOM SERVICE HOURS

Monday – Thursday 9:00am-12:30am

Friday and Saturday 9:00am-1:30am

Sunday 11:00am-12:30am

WINES OFFERED BY THE BOTTLE

CHAMPAGNE & SPARKLING WINES

Korbel Brut, Sparkling Wine, CA	\$42
Martini & Rossi, Asti Spumante, Sparkling Wine, Italy	\$42
<i>Split</i>	\$12
La Marca Prosecco, Veneto, Italy	\$45
<i>Split</i>	\$15
Moët & Chandon, Impérial Champagne, France	\$120
<i>Half Bottle</i>	\$45
Perrier-Jouët, Grand Brut Champagne, France	\$110
Moët & Chandon, Impérial Champagne, France	\$120

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SKY TOWER

IN-ROOM DINING AND SNACKS

BEVERAGES

WINES OFFERED BY THE BOTTLE/GLASS

WHITE WINES

White Zinfandel, Beringer, CA	\$28
Pinot Grigio, Ecco Domani, Italy	\$30
Pinot Grigio, Three Pears, CA <i>Half Bottle</i>	\$21
Pinot Grigio, Santa Margherita, Italy	\$60
Chardonnay, Sonoma-Cutrer Russian River Ranches Sonoma, CA <i>Half Bottle</i>	\$24
Riesling, Chateau Ste. Michelle, Columbia Valley, WA	\$28
Sauvignon Blanc, Mirassou, Central Coast, CA	\$28
Sauvignon Blanc, Shooting Star, North Coast, CA <i>Half Bottle</i>	\$24
Sauvignon Blanc, Kim Crawford, New Zealand	\$36
Chardonnay, Hess Select, Central Coast, CA	\$28
Chardonnay, Mirassou, Central Coast, CA	\$30
Chardonnay, Frei Brothers Reserve, Russian River Valley, CA	\$42
Chardonnay, Merryvale Starmont, Napa Valley, CA	\$46
Les Voiles, Rose Provence, France <i>Half Bottle</i>	\$29

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IN-ROOM DINING AND SNACKS

BEVERAGES

WINES OFFERED BY THE BOTTLE/GLASS

RED WINES

Pinot Noir, Smoke Tree, Sonoma Coast, CA	\$36
Pinot Noir, J Vineyards, Sonoma County, CA <i>Half Bottle</i>	\$24
Pinot Noir, La Crema, Sonoma County, CA	\$65
Chianti Classico, Ruffino Riserva Ducale, Italy <i>Half Bottle</i>	\$27
Merlot, Edna Valley, CA	\$30
Malbec, Gascon, Argentina	\$36
Cabernet Sauvignon, Josh, CA <i>Half Bottle</i>	\$20
Cabernet Sauvignon, Louis M. Martini, Sonoma County, CA	\$42
Cabernet Sauvignon, Hess Select, North Coast, CA	\$47
Cabernet Sauvignon, Mount Veeder, Napa Valley, CA	\$99
Cabernet Sauvignon, Honig, Napa Valley, CA	\$120
Cabernet Sauvignon, Jordan, Napa, CA	\$150

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BEVERAGES

BOTTLED BEER

DOMESTIC

Coors Light, Budweiser, Bud Light, Miller Lite \$6
Michelob ULTRA

O'Doul's Non-Alcoholic Beer \$5

CRAFT & IMPORTS

Samuel Adams Boston Lager, Heineken, Corona \$8
Blue Moon, Two Roads Ol' Factory Pils
Elysian Space Dust IPA

SPIRITS, CORDIALS & MIXERS 375 ml bottle size
Please note that all of our spirits and cordials are available in 750 ml or liter bottles. Please ask the Room Service Representative for pricing.

READY TO DRINK

Bud Light Seltzer *assorted flavors* \$8

Kahlua Espresso Style Martini \$10

Goslings Dark and Stormy \$10

Bacardi Rum Punch \$10

Fishers Island Lemonade \$10

On The Rocks Cocktails \$9

featuring Cruzan, Effen, Hornitos, Knob Creek and other fine spirits

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IN-ROOM DINING AND SNACKS

BEVERAGES

COCKTAILS

Mimosa	\$8
Screwdriver	\$8
Bloody Mary	\$9
Cape Cod	\$8
Vodka Tonic	\$8
Tanqueray & Tonic	\$8
Sour Apple Martini	\$9
Rum & Coke/Diet Coke <i>made with your choice of Malibu, Captain Morgan or Bacardi Silver</i>	\$8
Baileys & Coffee	\$8
Kahlúa & Coffee	\$8

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IN-ROOM DINING AND SNACKS

BEVERAGES

SODAS & MIXERS

Coke, Diet Coke, Sprite, Diet Sprite, Ginger Ale, Tonic & Soda Water (12oz)	\$3.50
Barq's Root Beer (20oz)	\$4.50
Powerade <i>assorted flavors</i> (20oz)	\$5
Bottle of Bloody Mary Mix (32oz)	\$10
Orange, Grapefruit, Tomato or Cranberry Juice (32oz)	\$18
Apple, Cranberry or Orange Guava Juice (glass)	\$5
Gold Peak Sweetened Green Tea, Unsweetened Black Tea, Minute Maid Light Lemonade or Nestea Raspberry (glass)	\$5
Mohegan Sun Bottled Water (10oz)	\$2.50
Acqua Panna Bottled Water (1 liter)	\$8.50
San Pellegrino Sparkling Water (8.4oz)	\$3.50
Monster Energy (can)	\$5.25

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